

**“I think we
can make a
huge change
to people’s
lives...”**

Dr Katherine Thompson

We are delighted to offer a dynamic,
relevant and exciting new course.

Master of Youth Mental Health and Wellbeing

Youth Development | Mental Health | Wellbeing | Identity Formation



EASTERN
COLLEGE AUSTRALIA

eastern.edu.au



Attend full-time or part-time, online via Zoom or in-person. The choice is yours!

Around 50% of people develop their first mental health problem before the age of 15, and up to 75% develop their first episode of illness before the age of 25. Only half of these young people are reaching out.

The whole youth mental health area stems out of an awareness that young people are experiencing these issues and we need to reach out to them so it doesn't impact other areas of their lives and have long-term consequences, moving forward.

Equip yourself with the latest insights and techniques to understand and address the mental health challenges faced by young people. Dive into the crucial sphere of wellbeing, a rapidly evolving aspect in educational and health settings, and gain tools to promote holistic wellness. Discover the intersection of faith and mental health, and learn how to seamlessly integrate these concepts into your vocation.



EASTERN
COLLEGE AUSTRALIA

Email: info@eastern.edu.au
Phone: 03 9790 9200
Instagram: [@eastern.college.australia](https://www.instagram.com/eastern.college.australia)
5 Burwood Hwy Wantirna VIC 3152
ABN: 61 551 855 405
ACN: 641 764 785 RTO No: 22065
HE No: PRV12149 CRICOS: 03853H

